VOLUME XX  FEBRUARY, 1958  NUMBER 7

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Coach Branch McCracken & Archie Dees
University of Indiana
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COACH & ATHLETE
The Magazine for Coaches, Trainers, Officials and Fans

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Located in a residential district in the eastern part of the city of Memphis is Memphis State University, a school local city officials call the university with the greatest growth potential in the South.

For at Memphis State, enrollment figures have skyrocketed far beyond expectations of a few years back, and the present enrollment of 4,200 is expected to reach 7,500 by 1962 and 13,000 by 1965.

With enrollment increasing at such a rate (school officials have limited enrollment the past two years), it is not surprising that many new buildings are either going up or are on the architect's planning boards.

Dr. Rayburn W. Johnson, geography professor who first came to Memphis State in 1925, recently donated $100,000 to the school for a new social science building, now under construction on the western boundary of the 80-acre campus. His donation represented all his earnings as a teacher in Tennessee — less taxes, of course.

A new coed's dormitory was opened last year to accommodate 150 students. It was built parallel to the old one and future plans are to build coed dorms at 90-degree angles to these two, when necessary, giving the girls a square block of dorms with a courtyard in the middle.

At the same time the coed dorm opened, a new men's dorm was also opened. More are in the planning stage.

All this is a far cry from the year 1912 when some 200 prospective teachers stepped down from a train at nearby Buntyn Station and were escorted to a (Continued on page 10)

CAMPUS SAMPLES — Only four reasons why Memphis State claims to have the cutest and prettiest coeds in the South—land. These four hold over a dozen beauty titles between them and are but few of the many contest winners strolling on the MSU campus daily. Left to right: Polita Swain, Barbara Hearn, Bobbye Harris and Jane Christian.
EYE PLEASERS — An attraction in itself at Memphis State football games is this group of pretty band majorettes who not only gets by on looks, but are talented in the twirling department.

CAMPUS CLOSE-UP (Continued from page 9)

lonely plot of ground with an administration building sitting in its midst. The school was then known as West Tennessee State Normal School at Memphis. Many of the old-time residents in the area still call Memphis State by the name of “Normal.” The residential and business area near Memphis State, by way of passing, is even known as Normal.

Purpose of the school then was to train teachers for service in Tennessee schools. In 1923, the name was changed to West Tennessee State Teachers College. By 1941, the college curriculum had been expanded to better meet the needs of West Tennesseans and the name was changed again to Memphis State College. The school received its last name change on July 1, 1957, when it stepped into university status.

By permission of the State Board of Education, the college was divided into the following schools: Arts and Sciences, offering pre-professional training and liberal arts work; Business Administration, providing professional training at the college level; Education, providing teacher training; and the Graduate School, offering a program leading to the Master of Arts degree.

The Evening Division was opened in 1936 to accommodate the student overflow. Students for night school are not only recent high school graduates, but businessmen and women, servicemen and housewives — all seeking a chance to better their educational knowledge and seek a degree. Enrollment in the evening division has climbed from the original 500 to 700.

To provide practical teaching experience for prospective teachers, Memphis State operates a Training School on the campus, running from grades one through nine. This school is equipped with 24 classrooms, an auditorium, library and cafeteria. Normal enrollment there is about 700.

The MSU campus is complete with post office, veteran housing, student recreation center, cafeteria, fieldhouse, baseball field, dormitories, library, book store and health center.

Many scholarship and loan funds are available to qualified students. Many West Tennessee counties are setting up their own scholarship fund to send one student from that county to Memphis State.

Courses offered are many and varied, including English; foreign languages; physical education; psychology and philosophy; education; speech; journalism; business; music; science; math; art; and prep work in dentistry, engineering, law, medicine, optometry and pharmacy.

Little over one-third of the faculty members have the Ph.D. degree and this number is rising each year. Many of the professors have been at Memphis State since the end of World War II. Some have been teaching at MSU since 1931. General requirements for graduation include courses in English, history, science and physical education. Male students with no prior service must complete two years with the Air Force ROTC unit on campus. This unit is one of 38 in the country offering actual flight training to advanced cadets.

Degree candidates must complete 132 semester hours with at least a C average.

Aside from the regular and evening divisions, Memphis State also operates an extension school service. Last year enrollment in this service was 1,000.

The school has also taken an active part in community and state leadership. Each year Memphis State sponsors a Shakespearean Festival, a West Tennessee high school Latin tournay, a Math competition for high school students, and a Mid-South Leadership Seminar, attended by business leaders from several surrounding states.

Most of the growth listed thus far has come under the guidance of the university president, J. Millard Smith, himself a graduate of Memphis State in 1929. Mr. Smith has been president since 1946. He is one of the top administrative educators in the state, both in line of service and quality.

PHYSICAL EDUCATION AND ATHLETICS

The Department of Health, Physical Education and Athletics has been under the direction of Cecil C. (Sonny) Humphreys since 1947. Humphreys, a 1936 graduate of the University of Tennessee, has a capable staff of coaches and instructors who help with intercollegiate and intramural programs.

Intramural activities include touch football, softball, tennis, badminton, basketball, table tennis and track. Through these activities, students at the university have a chance for physical exercise, spiritual growth, companionship, and a “downright good time.”

The object of the department, (Continued on page 38)
Vice President Nixon endorses sports

EDITOR’S NOTE: Every coach, and indeed every citizen, should have heard the speech which Vice President Nixon addressed to the National Football Coaches at their meeting in Philadelphia January 8. It was a forceful speech and a strong endorsement for competitive athletics by one instantly acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan. It is refreshing to hear those in intimate acquaintance with sports, as a former participant and strong endorser of competitive athletics, by one intimately acquainted with sports, as a former participant and now an avid sports fan.

This is true not only of our programs for teaching and preparing our youth to meet the challenge of a highly competitive world.

Intercollegiate athletics in general and college football in particular are being more critically examined today than in any period in the last 25 years. This is true not only of our programs for teaching and preparing our youth to meet the challenge of a highly competitive world.

A revival of the competitive spirit not only on varsity teams but between every dormitory, fraternity, dining hall, and classroom.

What can college football coaches do about this problem? I realize that college football generally helps support intramural and other athletic programs. But in addition to the influence with young people. The question is, does your influence reach enough young people?

As you know I have been very much interested in the President’s Council on Youth Fitness, now chaired by Frank Seaton, Secretary of the Interior. At the President’s Conference held last September at West Point, those in attendance from throughout the country unanimously agreed that a sound mind in a healthy body is not just a slogan. It may well be a requirement for survival. The best insurance that peak performance can be sustained in any activity lies in the physical fitness of the performer. One who is physically unfit cannot do his best whether he be scientist or soldier.

There are several areas where each of you individually can assist in the fitness program.

I don’t need to tell you that any community fitness program is only as good as its leaders. We have heard a great deal of the shortage of scientists and engineers. This shortage extends to virtually every segment of the teaching profession, including the field of physical education. You can help on two scores. First, by helping to train a reasonable number of citizens who can donate their time to community fitness programs. And, second, by persuading students to enter the physical education field as professions you have done.

Another area which needs attention is that of facilities. Many of our school athletic facilities are unused throughout much of the year. Several communities have been able to form supervised groups of youngsters living in an area who can use playgrounds in evenings and during the summer. They need not attend the school, just belong to the neighborhood. Your leadership in this direction in keeping our facilities in full use can be extremely helpful.

Finally, each community needs a youth fitness committee to spark the programs, give them publicity, coordinate the use of facilities and push existing groups in the field to greater activity. But in addition, in order to get the pilot operations of this type of work already begun set up. If you can stir up interest in your communities, the President’s Council on Youth Fitness will be available to furnish information which would assist in getting such a committee formed at the local level.

The most important asset we need is inspiration. We don’t need the regimentation of the Communist system. If we did, we might lose 50 percent of our next Olympic team, as the Hungarians did in Australia in 1956.

We don’t need to professionalize our athletes. Neither do we need to revert to the uninspiring mass-calisthenics of regimented fitness.

We do, however, need to arouse the interest of our younger people in all sports with adequate emphasis on those that will be useful to them in later years.

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COACH & ATHLETE - The Magazine for Coaches, Trainers, Officials and Fans

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(3) Regional Coverage—Monthly reports by outstanding correspondents from various geographic sections of the nation.
(4) Miscellaneous Feature Material—Appealing to sports fans on as well as coaches, officials and players.

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(4) Well-rounded athletic programs
(5) Christian principles
(6) High standards of sportsmanship and ethics by coaches, players, officials and fans.
ONE MAN REBOUND DRILLS

By NORMAN SLOAN
Basketball Coach, The Citadel

For organizational purposes we, at The Citadel, have divided the game of basketball into four major phases: shooting, defense, ball handling, and rebounding.

We have found that the players coming to us from high school shoot better than they do anything else. There are many obvious reasons for this. One of the most important being they can practice shooting by themselves. In view of this we have devised some “one man rebound drills.” The only equipment needed is a basketball goal, a ten inch medicine ball, a cover for the basket, a basketball, and the desire to be the best basketball player his physical potential will allow.

We are sold on our heavy ball (drills involving the ten inch six pound medicine ball) rebounding drills. Two of the one-man rebound drills with the heavy ball are:

I. JUMP AND TOUCH

A. Description — In this drill we jump and touch a spot on the board or rim ten consecutive times, constantly striving throughout the season to increase this height. You should take a position approximately two and one half to three feet from the plane of the board or rim and strive to maintain this position as much as possible throughout the drill.

B. Purpose
1. Development of shoulder, arm, wrist, and finger strength.
2. Development of correct body position and balance.
3. Development of leg power and toe spring.

C. Mechanics and Techniques
1. Arms and Hands
a. On the explosion phase of the drill the ball is held with the finger tips and the arms are shot to full extension up and forward.
b. On the recoil phase the ball is brought to chin level with the elbow extended out from the sides.
2. Body
a. On the explosion phase the body is arched forward as if you were springing a diving board.

b. On the recoil phase the head and shoulders are slightly forward so as to maintain balance and give maximum protection to the ball.
3. Legs and Feet
a. On the explosion phase the legs should be fully extended and the feet should come together.
b. On the recoil phase you land on your toes with the feet spread approximately the width of your shoulders and the knees flexed ready to explode back up, instantly with power.

II. Catch and Return

A. Description — In this drill we position approximately 2½ to 3 feet from the plane of the board and to one side of the basket, trying to maintain this position as much as possible during the drill. To start the drill the ball is thrown high on the board. The body is then quickly recoiled and exploded upward, timing so as to catch the ball and return it to the board while at the peak of your jump, ten consecutive times. The eleventh time you lay the ball in the basket.

B. Purpose
1. Development of shoulder, arm, wrist and finger strength.
2. Development of body balance and control.
3. Development of leg power and toe spring.

C. Mechanics and Techniques
1. Arms and Hands
a. On the explosion phase the arms are shot to full extension and the ball is caught with the fingers and returned to the board with wrist and finger action. On returning the ball to the board you should constantly strive to eliminate as much elbow bend as possible relying primarily on the wrists and fingers for impetus.
b. On the recoil phase the arms are pulled downward sharply with the elbows

(Continued on page 41)
REBOUNDING IS FUNDAMENTAL

BY STANLEY WATTS

Basketball Coach, Brigham Young University

IT IS CONSIDERED GENERAL KNOWLEDGE in the basketball profession that control of the boards is necessary if a team is to win its share of games. Over 90% of the statistics have shown this to be true. In some cases, however, teams can win games without controlling the boards because they are in the minority. Many other factors enter into the game when a team can win but without controlling the boards.

The offensive player must outmaneuver the defensive player to gain the offensive rebound. The defensive rebounder must outmaneuver the offensive player to control the boards. Because of this existing necessity, it is imperative that much time be spent in teaching proper rebounding techniques. We feel this phase of basketball is just as important as any other fundamental of the game and much time is spent in practice to try and improve this technique. If a team rebounds well, their chances for victory are much better. Because our team is generally stronger than our opponents, we have to spend more hours in drill to overcome this handicap in height. Drill and practice under these situations will help us to maneuver well to get position required in both offensive and defensive rebounding.

Good basketball requires a team to attempt to get the good second shot, but the first good shot is missed. The only way a team can do this is to excel in rebounding. Adversely, if the first shot is missed, the offensive player must cut down that distance for possession of the ball. This is an important factor in position. If the defensive man from the basket, the offensive man can cut down that distance for possession of the ball. This position is very important and must be gained quickly and efficiently when it is disregarded at the longer distance he may be in a position to maneuver the defense. At no time do we want to give our opponents the so-called "cheap" basket off the second-shot opportunity. We always remind our players that their job is best accomplished only by giving the one shot to the opponent and that such an effort should be an outside shot.

In gaining this important position the defense should force his opponent to take a direction. This direction should be forced to the outside if possible. After the direction is taken by the opponent, the defensive player should step with his opponent and not back into the defense. If the opponent is forced to the right of the defensive player, then the defensive man will need to pivot on his right foot and turn his body with a slight gain of distance toward the basket. In doing this the action the offensive man has the opponent in his vision longer. As the inside shot is played, the defensive player must stay on the floor. As soon as position is acquired then the rebounder must look for the ball. It is necessary that the rebounder at this stage broaden his stance and jump to get the ball. At the same time the defensive rebounder should be sure he has good position in relation to the basket. To be too close to the basket will result in being out of position to get the ball. When the ball has been hit, the player must be in a position to move forward to get the ball on the rebound. He is too close to the basket and he is not able to move out as his opponent's position will restrict him. This is always a bad situation for the defensive player. The ball on the floor should be observed if possible so that the player be in the right spot at the right time.

When good position has been determined the defensive player should be ready to take the ball or the board or basket with his best jumping effort. The ball should be snapped off the board somewhat in front of the player to keep the opponent from reaching the ball and taking it. If the ball is not taken, the accomplished rebound player should come down facing the end line so that he doesn't turn his body and the ball into his opponent who will be crowding him. When the rebounder comes down he must have his feet spread and his body somewhat crouched and immediately look for his clear-cut pass. Passing out of the congested area must be practiced directly for the reasons above.

(Continued on page 37)

Stan Watts, head basketball coach at Brigham Young University for the past eight years, is "Mr. Basketball" of the Skylie Conference. A local product raised in Cache County, Utah, Stan is the major force in the Cougars' success story. He has to his credit one NIT championship and two Skylie championships, not to mention the fact that he has yet to finish below third place in rough conference competition. Watts' record has been built up against the best teams in the nation. Stan and his Cougars prove once more that they schedule and play each year. A smooth perfectionist, Stan has the ability of producing solid teams even when the material seems the thinnest.

In rebounding the first pass out for the fast break before the ball is hit should be aimed at the basket. This situation is maintained until the shot is taken. When the shot is taken, all defensive men must secure position for the rebound. Many other fundamental aspects of the game are emphasized in drill to overcome this handicap in height. Drill and practice under these situations will help us to maneuver well to get position required in both offensive and defensive rebounding.

When the shot is taken by his opponent the defensive player must secure position. When the shot is taken, all defensive men must secure position for the rebound. If the shot is short the rebound becomes an important factor in possession of the ball. This position is very important and must be gained quickly and efficiently when it is disregarded at the longer distance he may be in a position to maneuver the defense. At no time do we want to give our opponents the so-called "cheap" basket off the second-shot opportunity.

In gaining this important position the defense should force his opponent to take a direction. This direction should be forced to the outside if possible. After the direction is taken by the opponent, the defensive player should step with his opponent and not back into the defense. If the opponent is forced to the right of the defensive player, then the defensive man will need to pivot on his right foot and turn his body with a slight gain of distance toward the basket. In doing this the action the offensive man has the opponent in his vision longer. As the inside shot is played, the defensive player must stay on the floor. As soon as position is acquired then the rebounder must look for the ball. It is necessary that the rebounder at this stage broaden his stance and jump to get the ball. At the same time the defensive rebounder should be sure he has good position in relation to the basket. To be too close to the basket will result in being out of position to get the ball. When the ball has been hit, the player must be in a position to move forward to get the ball on the rebound. He is too close to the basket and he is not able to move out as his opponent's position will restrict him. This is always a bad situation for the defensive player. The ball on the floor should be observed if possible so that the player be in the right spot at the right time.

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(Continued on page 37)
PREPARE FOR OVERTIME

By HARRY J. MEISEL
Basketball Coach, Bishop Moore High School, Orlando, Fla.

SOME NIGHT during the coming basketball season you may find your team deadlocked with your opponent at the end of 32 minutes of play. This situation is not too uncommon an occurrence, as it happens, as a rule, at least once in a twenty-game basketball schedule. Your writer has weathered at least one a season including two overtimes on consecutive nights in group tournament play. Fortunately, we were prepared and came out on the long end each time.

From the above paragraph the reader can undoubtedly see the importance of being prepared for overtime. There is no plan for the unexpected and overtime is usually quite unexpected. We go into the season fully expecting to be involved in one of these hectic three-minute sessions; but, with confidence that we will take two out of three if we are prepared.

We begin our preparations by thoroughly explaining Section 7 of Rule 5 to all squad members at an early season meeting. Every player should understand that in high school games, if the score is tied at the end of the second half, play continues without a change of baskets for one or more extra periods, of three minutes duration, with a one-minute intermission before each extra period. A one-point lead at the end of the first extra period, or any subsequent extra period, means a win for the leading team.

The "sudden end" or "sudden death" system needs special attention and is better understood if actually taught under scrimmage conditions. Rule 5 states that the team that scores two points from the free throw line, immediately wins the game.

Our next step is to drill on center tap and jump ball plays that will get our squad possession of the ball. These are the same plays that will be used during the season and can be used with slight variations for overtime. We believe that capturing the tip at the start of the overtime is of vital importance. An all-out effort is made to score on the tip. A team that finds itself two points behind at the outset of the overtime period will often commit costly errors in its haste to rectify the score.

Diagram #1 outlines our tap play for the start of the overtime. Players 1 and 2 are our tallest men. 3 and 4 must be fast and speedy drivers. Player 1 is drilled on mastering the fundamentals of the center jump. Player 2 must grab the tip and fire to player 3 or 4 who attempt to score with a hard drive. Player 5 holds the defensive side of the circle.

If we are successful in scoring on the tip, and then stop our opponents, our next step is to fall into the scoring stall shown in Diagram #2. Actually this is not a freeze by 1, 3 and 5; but, a bluff to draw the defense out in an effort to get the ball. Once our opponent is forced into picking us up on man-for-man terms we pass and cut as shown in the diagram. Player 1 can usually be fed for a quick, sure lay-up shot. A four- or six-point lead is usually a safe margin, if rolled up in the first minute and one half of the overtime session.

Should we fall behind by two or more points, or have our opponents tie the score, we immediately call time out after getting the ball on the court. With possession at mid-court, when play is resumed, we set up and run the out of bounds play illustrated in Diagram #3. Player 1 passes inbounds to player 2, who crosses into rear court to receive the pass if pressed by X-1. Player 2 relays to 3 and then relaxes to put X-1 at ease. 3 passes to 4 breaking to meet the pass above the foul line. Meanwhile, 5 moves out to post for 2 who uses all his speed to cut for the basket and receive a well timed pass from player 4. As a rule X-1 will

(Continued on page 37)
Basketball's Oldest Disease—

BENCHITIS

By DR. J. V. CERNEY

With comments by Tom Blackburn, Coach of University of Dayton “Flyers”

THE OLD WHEEL about it being too dangerous to jump out of a hot game is not only true...it's murder...and this is especially true of basketball.

To date too little attention has been given to the reasons why players from the bench contribute to the loss of a game and fail to set the tone for the top ten men on their squad. One of these reasons for not playing like first string men is due to an affliction called "Benchitis." Benchitis is basketball's oldest disease. It has not been recognized as such and yet its signs and symptoms are typical when you know what to look for. The symptoms observed when a "Benchitis" case runs out on the floor direct from the bench.

Signs and Symptoms of "Benchitis"

(a) Lack of wrist and finger snap
(b) Can't wheel and cut back
(c) Legs and buttocks heavy
(d) Goes for a "jump" ball like a "relief hurler" in baseball; he's below par. Sent in to give a clutch performance, and completely unable to be warmed up for superior performance.
(e) Lack of wrist and finger snap
(f) Goes for a "jump" ball like a wheel chair case
(g) Dribbles awkwardly
(h) Loses the ball
(i) Can't wheel and cut back
(j) Legs and buttocks heavy

Within minutes this kid hates himself for acting like a second-string player waiting for the seniors to graduate so he can play the kind of ball that is not only true...it's murder...and this is especially true of basketball.

Comment from Blackburn

"Every coach has examples of boys who come off the bench to pouch in the winning points. For instance Coach Grigsby never once started a game for the Flyers yet he gave us what we needed when we needed it most. The fact here, however, is that it takes a coolly kind of kid to do this kind of substitution job and you don't often see that kind sitting there on the bench."

As a result, it will be recognized that the warm-up in basketball is as requisite as it is in any other sport. The amount, or extent, of this warm-up is dependent on the condition of the athlete and his ability to handle exercise. In warming up he...(1) reduces the possibility of injury, (2) promotes physiology, (3) raises the physical capacity for performance, (4) maintains a useful rhythm and coordination, (2) stretches joint capsules and provides for muscle viscosity and (5) makes the body more capable of top performance over a greater period of time.

Comment from Blackburn

"I can see where the "Bench" has its advantages. Certainly the warm-up is more than just a matter of getting physically warm. Most basketball players are already too hot when the game starts. The value of the bench "Bulldogs", although the idea of carrying over phase from other sports violates traditional basketball procedure, DOES have merit.

(2) Utilize the "Lean Board"

A new "bench" system for resting basketball players should be utilized. The present bench is neither practical nor helpful. To take the tension out of players and still give them resting support, a method of leaning the athlete on a rest board may be utilized. This writer prefers to call it a "Lean Board" because its angle, backwardly, permits the basketball player to relax. It is a common-sense aid to physiology in preparing the boy for action. He has no opportunity to bend his legs back under him or hunker down on a bench. Muscles can't knot up.

Comment by Blackburn

"The 'Lean Board' is certainly a break from status quo in bench systems. In the past we used a method of leaning back on the bench but in the heat of gametime excitement all this was forgotten. High school and college players however CAN be taught to relax like the Pros. They can be taught to conserve energy. Once adopted, it is very probable that the Lean Board would show some very beneficial advantages."

(3) Warming in the Bullpen

Phase One: (under wraps)

a. Run in position
b. Jump, or rebound, for high spot on wall

c. Break from status quo in bench systems. In the past we used a method of leaning back on the bench but in the

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GYM MATS • WRESTLING MATS

NOW! Stop Impact Injuries in the Gymnasium...

Ensolite is a product of U. S. Rubber Co. PEC-1O is a formulation of The Protection Equipment Co.

Coaching and Athletics • February, 1958

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Coaching and Athletics • February, 1958

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**MOVIES EN ROUTE**

By JIM KEE
Assistant Coach, Miami Edison High School

MIAMI EDISON HIGH SCHOOL of Miami, Florida has been using the cinema-scope type lens for the past four years and find it a big improvement over the standard type lens as it shows dead-end blocking and pass defense to a much greater advantage.

Edison is currently rated as the number one football team in the state of Florida. Most of this success is attributed to their fine game coverage and the studying and grading of game movies. They believe themselves to be the first team to show movies on a train while making road trips. The coaches and players review films of last year’s game with their opponent on the train on route to the game and on the way home the next day they show the movies of the game they have just played the night before.

This is made possible by several things. First, arrangements were made with the travel representative of the railroad, to have the car in which the team was traveling equipped with the standard 110 volts. Not all railroad cars have the 110 volts so it was necessary to specify one that would have the correct voltage for the movie projector. Second, speedy overnight development has been taking the football game movies for the past seven years of the game film made possible the showing on the return trip home.

This has been a tremendous coaching aid as it reviews last year’s game up to within a few hours of the game and it shows this year’s game mistakes while the game is still fresh in the players minds. It also saves considerable time grading and reviewing the game which would be done normally during time usually allotted during the practice week.

Coach Powell shows movies to football squad the morning after the game while traveling home.

COACH AND ATHLETE • FEBRUARY, 1958

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When you buy equipment you want the very best you can buy. Equipment that will keep its original strength and springiness. You get the best when you buy a Nissen Trampoline. Only Nissen has V-type legs and end support construction that leaves the area under the bed free without sacrificing strength and rigidity. And only a Nissen woven nylon web bed is triple stitched under two tons of pressure. These are a few of the reasons why Nissen Trampolines enjoy world-wide acceptance, are used in international and intercollegiate competitions. You may get by with an imitation, but you won’t last as long and for years to come with a Nissen. Years-ahead Nissen Trampoline bounce better longer, give a quicker lift.

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Exclusive V-Type leg and end support construction permits completely clear area under bed yet provides strong cross support members for extra sturdiness.

*Reg. U.S. Patent Office
BIDDY BASKETBALL

By JAY ARCHER
Commissioner, Biddy Basketball

At the request of organizations in Burma and Free China, BIDDY BASKETBALL was introduced to these countries by clinics conducted under the sponsorship of the United States State Department, Leader-Specialists Division, Mr. Harold E. Howland, Director.

The Far-East tour included approximately 28,000 miles of travel and the sport was enthusiastically received by the Burmese and Chinese. This new form of basketball participation seemed tailor-made for the youngsters of both countries, inasmuch as their physical makeup — size — makes it impossible for them to participate in the regulation basketball game. Youngsters — in Burma and Formosa — lacking height, do possess terrific speed, stamina and maneuverability. Thus with the introduction of BIDDY BASKETBALL, with its lower basket — 8'/2' from floor instead of 10' — shorter court — 60 x 40 instead of 90 x 50 — shorter foul line distance — 12' instead of 15' and smaller ball — 27' in circumference instead of 30' — and with the various rules and regulations set up to especially protect the youngsters, the game was an immediate success.

Leaders in the athletic and recreational field, in both Burma and Formosa, feel that there is no doubt about the players of the future, being much better versed in all the tactics of basketball playing. Mr. David Tin Hla, President of the Burma Basketball Federation International, remarked that "the introduction of BIDDY BASKETBALL will do much to improve the standard of adult play within a few years." Also Mr. Tin Hla goes on to say — "Our members of the Burma Basketball Federation International are very pleased with the 'KEYLOCK FORMATION' which should prove a great help to our people — and other countries who do not have the basketball players growing to a height of six feet ten inches and better. This KEYLOCK will do much to 'EQUALIZE' the tall man." In Free China (Formosa) Professor Ho-Ming Chow, Director of Physical Education at Taiwan Normal College, said — "Our youngsters, because of the stature of both the Burmese and Chinese youngsters — participation in basketball, to date, was simply on an 'unsupervised basis.' The youngsters would use the regulation ball and shoot at the 'high' regulation basket but seldom achieve their goal — making the basket. However, with the introduction of BIDDY BASKETBALL and its changes, the interest has developed "Jahilusuity" and now super-

viscd programs will be held in both countries — under the direction of the Physical Education and Recreation groups.

MANDALAY-BURMA — famous for its "On the Road to Mandalay" song — was the scene of the First BIDDY BASKETBALL Championship Tournament in Burma. Because of heat conditions being terrific in the afternoon — the games were played early in the morning — and played on "dirt" courts. To be exact, the first game was played at 7:30 A.M. Although play started so early — spectators numbering over 100, flocked to see the youngsters participate in the history-making final game of the tournament.

In Formosa — President Chiang Kai-shek's Secretary of National Defense, General C. J. Chou, emphasized the fact that — "Our youngsters, because of the wonderful changes in BIDDY BASKETBALL — enabling the youngsters to learn better, the skills and fundamentals of basketball, will really develop into fine players of the future. We shall look forward to participating with other countries, at the WORLD'S BIDDY BASKETBALL CHAMPIONSHIPS in the United States. At the present time, plans are underway to present exhibition teams throughout the whole island of Formosa, under General Chou's supervision.

Although quantities of equipment, at present, are not available in these countries — items such as basketball sneakers are not too important because the youngsters during the clinics seemed to want to play "barefoot" rather than with their "sneakers." Asked why he did not use his sneakers, a youngster replied through an interpreter, "I move back and forth better with my shoes off." Many of the youngsters play on both dirt and concrete courts in their bare feet.

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Attention Coaches!

COACH AND ATHLETE • FEBRUARY, 1958

The Seventh Annual Lacrosse Forum struck the first blow in quickening the pulse of the Heart Fund campaign for Palm Beach County and the Yankee-Revell Game, climax of the Forum, was played for the benefit of the 1958 Heart campaign. Both the game and Forum were sponsored by the U.S. Lacrosse Coaches Association with the very generous help of patron R. F. Raidle, Palm Beach businessman and president of A.E. & R.F. Raidle, Inc.

Fifty lacrosse players from seventeen colleges throughout the eastern half of the United States were on hand to study and hear more about their favorite game. One player reported from the University of Florida, five came from the University of New Hampshire and five men from Ohio State University represented the midwest. They came from several areas but all had the same desire — to become better lacrosse players. Colleges and universities represented were — Colgate, Washington & Lee, Johns Hopkins, Drexel, Loyola, Univ. of Baltimore, Florida, C. S. N. Y., Ohio Stste, University of Massachusetts, Tufts, Syracuse, Navy, Nichols, Williams and Maryland.

The feature speaker of the Forum sessions this year was the great Indian athlete, Leon Miller, now professor of Physical Education at City College of New York. Miller, one of the all-time greats was a teammate of Jim Thorpe and played in the same backfield with Thorpe at Carlisle and later in professional football. He also lacrosse with Thorpe, Chief Miller, born in the Cherokee Nations of North Carolina, gave an excellent talk entitled "A Scientific Approach to Lacrosse," but his tales of Pop Warner, Thorpe, Bender, and other Warner stars always got him many listeners. Miller pointed out that the Warner system in football called for very versatile backs and that the famous coach felt that lacrosse would help the football players develop this versatility. For that reason as early as 1914 he substituted lacrosse for spring training.

The Forum teaching staff did one of the best jobs ever done at the sessions which opened December 20th and the youthful players benefited greatly because of the thorough and interesting way all lectures and demonstrations were prepared. The Forum closed January 5th.

The over-all staff consisted of the following members: Fewster, John Hopkins; Harvey Potter, Colgate; Howard Knutten, Ohio State; Dr. S. B. Wylie, Nichols Junior College; George Kahl, U. S. Naval Academy; Leon Miller, C.C.N.Y.; Joseph "Frenchy" Julien, Chief Referee, U.S.L.A.; Albert A. Brissoti, Editor of the Lacrosse Guide: Albert Ornstein, former star at Syracuse; Larry Fitch, the Pingry School and James Benson from Johns Hopkins.

The Rebel team won the annual game with Princeton of Johns Hopkins being the high scorer with five goals. It was a case of a good experienced Rebel team against a good hard playing inexperienced Yankee squad. The final score — Yankees 4, Rebels 8.

Below is a list of players who made up the two teams: Rebels — William French, Barry J. Russell, Baltimore Univ.; Jayson Aumun, J. H. Prey, Charlie P. Irwin, Wm. E. Richardson, Rod B. Smith, Bruce Soule, Steve Young, Duke; Tom E. Penick, Jr., Univ. of Florida; Tom N. Biddison, Robert J. Edwards, Thomas N. Fitzhugh, Jim Greenwood, Osmar P. Steinwald, Johns Hopkins; Charles Franklin, Mickey McFarland, Loyola; Thomas Joyce, Fred Kern, Robert S. Ginsberg, Robert W. Pryor, Maryland. Yankees — Ronald Buse, Vito Cunard, David Rosenfeld, C. C. N. Y., Mark E. Muller, Colgate; Alan H. Rosenstein, William S. Thayer, Drexel; Edward P. Berger, Duke; Robert Mann, Robert F. White, University of Mass.; Dave Moerschel, Navy; Francis T. Henry, Nichols J.C.; Ben D. Fisher, Philip E. Irion, Fred J. Keller, Jon G. Mercer, Fletcher E. Zimple, Ohio State; John W. Harris, James D. Morrissey, Steven P. Ornstein, Syracuse; Jack Lackie, Tusco, Cotton Files, William, Michael D. Applefield, W. L. Medical Co., Inc.

COACH AND ATHLETE • FEBRUARY, 1958

Sure It's a Little Rough!

Ohio State Coach Howard Knutten and his players explain the old Indian game to R. F. Raidle, patron and sponsor of the Forum. They are, left to right — Coach Knutten, Phil Brinn, Raidle, Fletcher Zimpfer, John Merce, Fred Keller, and Bob Fisher.

SURE IT'S A LITTLE ROUGH!

BY W. S. PERSONS

Coach of Lacrosse and Swimming, Duke University

LACROSSE FORUM

The Seventh Annual Lacrosse Forum was held at the R. F. Raidle Auditorium, Palm Beach, Florida, February 10th. The feature speaker of the Forum was Leon Miller, now professor of Physical Education at City College of New York. Miller, one of the all-time greats was a teammate of Jim Thorpe and played in the same backfield with Thorpe at Carlisle and later in professional football. He also lacrosse with Thorpe, Chief Miller, born in the Cherokee Nations of North Carolina, gave an excellent talk entitled "A Scientific Approach to Lacrosse," but his tales of Pop Warner, Thorpe, Bender, and other Warner stars always got him many listeners. Miller pointed out that the Warner system in football called for very versatile backs and that the famous coach felt that lacrosse would help the football players develop this versatility. For that reason as early as 1914 he substituted lacrosse for spring training.

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COACH AND ATHLETE • FEBRUARY, 1958

The president as well as other Heart Fund officials enjoy lacrosse for the first time in West Palm Beach. Mark McCollum, Manager of the Philadelphia Baseball Team, and a guest of R. F. Raidle sees his first lacrosse game. From left to right — Mrs. Carter Carnegie, Palm Beach Heart Fund; Ben Smith, Pres. Palm Beach Heart Assoc.; Mrs. Smith; Mrs. Charles M. Higgins, wife of chairman of the board of Palm Beach Heart Assoc.; R. F. Raidle, Mary Smith, manager Philadelphia Phillies; Mr. Raidle's guest.

PATRON, OFFICIALS AND GUEST

THE SEVENTH ANNUAL LACROSSE FORUM

W. S. Persons accepts Heart Fund token for the coaches, officials from sponsor R. F. Raidle as president; Ben Smith looks on.

YEA! YEA!

Part of one of the session groups in practice gear vote, "Yes, we want to attend Mr. Raidle's party." A buffet dinner given by R. F. Raidle exclusively for coaches, players, officials, and the players' parents.

26
This month's featured

COACH
and

ATHLETE

COACH FLOYD S. STAHL

FRANK HOWARD

FLOYD S. STAHL and FRANK HOWARD
of Ohio State University

FRANK HOWARD is 6'6" and weighs 219 pounds. He is one of the Nation's top collegiate basketball players, being quick and strong with unusual coordination for his size. His .455 shooting average and 442 points scored in 1957 rank him with the top scorers in Ohio State court history. It is doubtful if the Buckeyes have ever had a better rebounder. Howard shoots well from outside and failed to score in double figures only once last season, when Indiana held him to 9 points. He was named All America last year and is playing All American ball again this season. He grabbed 32 rebounds against Brigham Young last year for a new Madison Square Garden record.

Howard plays right field on the Buckeye baseball team and has his sights on a Big League baseball career after graduation.

COACH FLOYD S. STAHL is a native of Grover Hill, Ohio and a graduate of the University of Illinois. He began his coaching career at Stivers High School in Dayton, where his teams won State Basketball Championships in 1928, 1929 and 1930, and the State Football titles in 1926 and 1929.

Stahl joined the Ohio State University staff in 1930 as Assistant Coach in Basketball and Football. He became Head Coach in 1933. He transferred to Harvard University in 1938 as Head Baseball Coach and was made Head Basketball Coach there in 1944.

In 1947, Stahl returned to Ohio State as Assistant Athletic Director and Head Baseball Coach. In 1960, he relinquished his duties as baseball coach to become head basketball coach. Under Stahl, Ohio State basketball teams have set countless individual and team scoring records. The 1956 team averaged 84 points per game. The individual scoring feats of Robin Freeman are likely to stand for years to come. He scored 723 points in 1946 for an average of 32.8 points per game.

Stahl's teams play fast, high scoring basketball. He is a respected authority on the game, having served on the National Basketball Rules Committee.

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LOUISVILLE SLUGGER BATS

H & B is proud to announce the addition of the authentic personal models of Gil McDougald, Hank Aaron and Roy Sievers to the autographed No. 125 Louisville Slugger "blue ribbon" assortment. Remember in Softball, too, Louisville Sluggers are first choice with nineteen splendid softball bat models.

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KENNY WASHINGTON - Football . . . 1937-39 . . . Called "the greatest Bruin of them all." Exceptional all-round back . . . Leading all-time Bruin ground gainer with 1919 net yards in 49 carries for 4.23 average.

JACKIE ROBINSON - Football-Basketball-Track-Baseball . . . 1949-49-50-51 . . . Rated UCLA's most versatile athlete of all time . . . Was outstanding in all sports . . . Went on to become the first Negro ever to play in the major leagues.

DON PERRY - Gymnastics . . . 1952-53-54 . . . Undefeated world's champion in Rope Climbing . . . Two-time NCAA champion and also winner of five Natl. AAU titles . . . World record holder in 20 foot ropeclimb is 2.8s. Five Natl. AAU titles . . . World record holder in 20 foot ropeclimb is 2.8s. Five Natl. AAU titles . . . World record holder in 20 foot ropeclimb is 2.8s.

CY YOUNG - Track & Field . . . 1949-50 . . . After placing 2nd in the 1906 NCAA Javelin throw, Cy went on to become the first UCLA athlete ever to win an Olympic Gold Medal by setting a new Olympic record of 242 ft. 3/4 in. in 1902 Helsinki games.

DONN MOOMAW - Football . . . 1950-51-52 . . . Won All-America honors as a Linebacker and Center for three years in a row . . . Named unanimous All-American in his senior year. Bob Perry - Tennis . . . 1952-53-54 . . . NCAA Doubles Champion . . . Went on to become an American Davis Cup player.


GEORGE JEFFERSON - Track & Field . . . 1950-51-52 . . . 8th leading ground gainer in UCLA history . . . Played 3 yrs. varsity basketball . . . Presented several season Sugarman Award perpetual trophy for best spirit and scholarship award.

BOB DAVENPORT - Football . . . 1953-54-55 . . . This two-time All-America is rated by Coach Red Sanders as the greatest fullback he's ever coached . . . An inspirational type of players who was also noted for his work in the Campus Crusade for Christ.


JIM SALSBERY - Football . . . Named to Collier's 50th All-America team lineup in '54 . . . 1st team Foot.

(Continued on page 49)
COACH BRANCH McCRACKEN
AND ARCHIE DEES
University of Indiana

Archie Dees was winner of the Big Ten’s “Most Valuable Player” award last year, and is having another great season in 1958. As of February 1st, he had scored 306 points for an average of 25.5, hitting from the field at a .525 percentage and from the free-throw line at .847. He has rebounded 1629 on average of 13.5 per game. He has top scoring honors in last season with 133 points in five games, a 29.6 average per game. Dees’ total for three years is now 1239 points, which puts him second place in all time Indiana scoring. Don Schlundt scored 2192 points in four seasons.

The lanky 6’ 8” towhead center with the agility of a six-footer. He has a variety of shots and is deadly accurate on the jump shot, as far out as 30 feet.

Coach McCracken is in his 17th season at Indiana. During this period, Indiana has finished on top three times, placed second seven times, third once and fourth twice. The Hoosiers won the National Championship in 1940 and 1953. Since 1938, his teams have won 251 of 348 played, a 72% winning average.

He is author of “Indiana Basketball,” which has spread his coaching techniques and philosophy throughout the Nation. He has been selected to the Helms Athletic Foundation’s “Hall of Fame.”

COACH & ATHLETE

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SOUTHERN DISTRICT AAHPER
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Theme: “Fitness for Modern Living”
Where: The Kentucky Hotel, Louisville, Kentucky

Featured Speakers from Outside the Southern District
Dr. Karl Bookwalter, University of Indiana; Mr. Walter Byers, Executive Secretary, National Collegiate Athletic Association; Mr. Al Due, Executive Secretary, National Association Intercollegiate Athletics; Dr. Ray O. Duncan, President, AAHPER; Mr. C. R. Fagan, Associate Executive Secretary NFHSAA; Mr. Joseph Gifford, Director of Modern Dance, National Music Camp, Interlochen, Michigan and Director of the Joseph Gifford Dance Theater; Mrs. Beatlal Gunding, Five Times National Champ Solo Synchro-Theater; Mrs. Beulah Gundling, Five Outstanding Demonstration programs are scheduled free of charge to delegates:

1. Community Resources Night — Wednesday, February 26, 1958
Five outstanding Demonstration-Exhibition programs are scheduled free of charge to delegates:

a. The Gundlungs and others in aquatics
b. An outstanding dance program
c. A gymnastic Circus, featuring the Louisville Turners
d. Basketball in Freedom Hall: University of Louisville vs. DePaul University

e. A tour of Louisville and Jefferson County Recreation programs and facilities

2. All-State Fun Night — Thursday, February 27, 1958
An all-convention Kentucky dinner on Thursday night will be followed by a parade of stunts put on by the thirteenth Southern States. This was one of the most popular functions of last year's meetings.

Twenty-seven Professional Meetings Tuesday - Friday
During the week, twenty-seven meetings will be held and they will deal with practically every phase of physical education, health, and recreation. There will be fine meetings for everyone interested in the above three fields.

SOUTHERN AIRWAYS means business
in 30 Cities in the South

BENCHITIS (Continued from page 21)
Don't's in the Basketball Bullpen

1. Don't use fast movements to strain muscles.
2. Don't warm-up unless under wraps.
3. Don't rest with legs drawn under a bench.
4. Don't snap the body forward in touching the floor.
5. Don't do any knee bends.

“Traditionally, basketball has been the game with few injuries.” However, since basketball has developed into the fastest sports we have today there are many little injuries such as early-fatigue, muscle tightness, “heavy legs,” lack of coordination and timing, etc., which are not as dramatic as a broken arm or a bloody nose but they have a way of converting them all — the one on the scoreboard.

1. Don't warm-up unless under wraps.
2. Don’t rest with legs drawn under a bench.
3. Don’t do any knee bends.

(Continued from page 1)

TENENTS TO GYMMASTER TRAMPOLINES

CHOOSE THE GYM MASTER AND YOU CHOOSE THE BEST

THE VARIETY — 6 ft. x 12 ft. nylon web bed . THE JUMBO — 7 ft. x 14 ft. nylon web bed

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WRITE TODAY FOR COMPLETE INFORMATION

CALL FOR CHARTER FLIGHT INFORMATION

1. Don’t warm-up unless under wraps.
2. Don’t rest with legs drawn under a bench.
3. Don’t do any knee bends.

(Continued from page 21)

COACH AND ATHLETE • FEBRUARY, 1958

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FOR SAFETY AND ECONOMY —

ALUMINUM DIVING BOARDS

Born economy and safety are being achieved at school and college swimming pools through the installation of aluminum diving boards.

A one-time national diving champ, Jim Patterson of Ohio State University, utilized his war-time training and experience in an aircraft plant to develop the Lifetime aluminum diving board.

This board meets all requirements for A. A. U., N. C. A. A. and F. I. N. A. diving championships. Its aircraft design eliminates the torque, or twisting action, at the tip of the board, giving a clean, smooth action, at the tip of the board, giving a clean, smooth

1. Mount the board on a level, sturdy frame.

A sturdy frame, if installed and maintained, the aluminum will withstand everyday rugged use for many years.

2. Make sure that the fulcrum is covered solidly with at least a half inch of rubber, the full width of the board. The board should never ride part on, part off the fulcrum, and at no time should it rub against the steel, wood or other hard materials.

3. The recommended fulcrum distances for ordinary usage are as follows:

- 14' board — place fulcrum from 60" to 72" from rear anchorage.
- 16' board — place fulcrum from 72" to 84" from rear anchorage.

4. The board has been drilled at the rear with two ½" diameter holes spaced 12" about the center line. If your frame doesn't match, it is best to drill new matching holes in the frame, because the holes in the board are jig drilled and are square. Should it be necessary to drill new holes in the board, leave at least ½" edge distance between the old and new holes.

5. The rear mounting has been designed to eliminate the customary rear strap. Electrolysis between steel and aluminum can set up considerable corrosion, and for this reason it is preferable not to have this steel strap next to the board. Also, if available, a thin strip of rubber between the board and the rear anchorage will completely eliminate this possibility and also act as a noise quieter.

6. Mount the board with very little pressure. Most standards are built with about ½" to the foot pitch, but this is to compensate for expected droop of wooden boards. It may be necessary to shim with wooden strips and get slightly longer galvanized bolts.

7. The Lifetime aluminum diving board has been thoroughly anodized and waxed to protect against corrosion. Occasional cleaning and waxing will maintain the beautiful aluminum finish. The action of chlorine on aluminum produces a chloride and a black oxidized powder. If the underside of the board shows evidence of this discoloration, do not be alarmed, as it will not affect the structure of the board. It is best to clean the board with Simonite or other good cleaner and apply wax occasionally, as this discoloration will be progressively harder to remove.

8. Care should be taken in mounting and removing the board, not to scratch it.

9. At the end of the season, remove the board and store it right side up, with 2 x 4's underneath at either end. Clean all discoloration off the board, apply coating of clear lacquer, and wax when dry.

REBOUNDING

(Continued from page 17)

The pass has to be made with an outside turn. This development has made the base for a natural right- or left-handed thrower. On the other side the two-handed-over-the-shoulder pass should be developed for the pass out. If the action too much resembles the small throw, they may have to be drafted out. This is the pass that should be developed, or "snipers" along the end line should not cause a double team or loss of possession.

After working for individual excellence, greater team effort must be emphasized on helping team performance. The day has passed when individual excellence will win out on the board. Teammates must share the responsibility. The primary elements have to be accomplished singly without opposition or with a one-on-one drill to acquaint the player with the possible action of the opposition. You are individually better if your team is better, as you cannot win on your own. The individual effort in diving-out efforts. After the individual techniques are taught then the whole team. We feel this is best accomplished with a three-on-three drill which will be more like a game situation in setting the rebounding triangle. Every man is responsible for what he is doing when he is diving. If one man fails to carry out his assignment, his teammate is placed in jeopardy. Most of the primary techniques on rebounding the ball are this same drill on the board we have the players set the defensive and offensive triangles and disregard the ball. This drill allows more concentration on getting position. We can get the players a game situation and recovery of the ball to give our players actual experience with a game situation.

Every man on our squad is taught the basic fundamentals of rebounding. Many teams will take our smaller men to develop the basic fundamentals of rebounding. We believe a boy can be at a different height and still win the battle of the boards if he can get good position on his opponent. In all our rebounding drills we stress quick passing out to lanes for fast break purposes as well as to lessen the chance to lose possession by double teaming. We spend time in every day's practice improving our rebounding techniques. We place as much importance on this part of the game as we do in developing other basic fundamentals. Statistics are kept religiously on all our scrimmages and games to check on individual and team rebounding. We believe the time spent on rebounding drills has helped us to compensate for our lack of height and jumping ability and consequently we have been able to win our share of games because we have held our own on the boards by getting good position on our opponents. We realize that the board play has a tendency to get rough at times and a boy must have courage and fight to stay in there and come up with an inside pass. I feel we can give him some of this in his drills.

PREPARE FOR OVERTIME

(Continued from page 36)

The above plays are no means presented as a solution for every overtime or as a guarantee for victory. However, each of the plays dialed through the installation of a 75-69 overtime win in a championship game. They are presented only to stimulate your imagination to take steps to prepare for overtime.

—Jeffrey S. Davis and Andrew Johnson

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CAMPUS CLOSE-UP (Continued from page 11)

course, is to train students as future physical education instructors. Many of the graduates are only now coaching in Tennessee schools and universities. Gene Lambert, who had coached Whitehaven High to an 18-3 record in his two years there. Others are just as successful, whether they be coaching at the junior high or small college level.

The upsurge in Memphis State's intercollegiate athletic program came with the 1949-50 school year, when Coach Ralph Hatley's Tigers ran up a grid record of 9-1, losing only to the Ole Miss Rebels. Key victory that year was a 21-14 drubbing of Kansas State, in which a small tackle named Elmer Ray (see above) ran roughshod over the Big Seven opponents in what thus far has been the Tigers only football appearance on television.

The following year, Coach Hatley's outfit had a 9-2 record, losing to Ole Miss and Vanderbilt but (not before scaring the pants off the Commodores by leading until the fourth quarter).

Coach Hatley has retired from the coaching ranks to become Director of Health and Physical Education at Memphis State. He will be succeeded by Billy "Spook" Murphy, 1946 captain of the Mississippi State Maroons, who has been signed to a three-year contract as head football coach. Murphy has been backfield coach under Murray Warmath the past three seasons at Minnesota.

Support of Memphis State athletic teams was reaching a fever pitch. In 1951, Memphis State brought Dr. Eugene Lambert out of semi-retirement to take over the cage team. Dr. Lambert had formerly coached at the University of Arkansas and had been successful in bringing the Parrkers all or a share of the Southwest Conference title for three years.

Lambert's initial season, 1951-52, was marked with a 26-10 record — a season which saw the Tigers not only win in competition from nearby colleges, but spread the name and fame of Memphis State basketball as far away as Hawaii where they met and defeated the University of Honolulu in two games.

The following year, 1952-53, Memphis State suffered its last losing basketball season, winning only 10 while losing 14. Since, Memphis State's worst cage season was a 15-9 record in 1953-54.

It was in the 1952-53 season that Memphis State was invaded by the boys from Paxico, Missouri. If they were for, the Magnus Bert Arnold, Elmore Fortner, and assistant coach Arnold Ryan, plus their guard with a cager named Win Wilfong, had led the tiny Paxico team to two consecutive state titles, winning 85 and losing only two during that stretch.

Memphis State basketball, under Dr. Lambert, continued to improve. At the close of the 1954-55 season, the Tigers were invited to participate in their first NCAA tournament. What happened in a sad note in Memphis State history, for Memphis State lost a close 39-35 decision to Penn State at Lexington, Ky., and the Tigers' first try for national prominence was shattered. Arnold was named to the United Press honorable mention All-America list, the first Tiger to be so honored.

In 1955-56, Wilfong was discharged from the Army and brought with him a string of laurels he had gathered since Paxico, including the title of Most Valuable Player in the Varsity American Games in Mexico City. With Wilfong and Arnold hitting on all cylinders, Memphis State moved to a 20-6 season record and another invitation to participate in the NCAA play-offs. This time, with five players (including Wilfong and Arnold) sitting on the sidelines because of eligibility rules, Memphis State lost to Oklahoma City University, 57-87.

The Tigers bid for national recognition was to be denied no longer. Dr. Lambert pulled up shop and moved to the University of Alabama and in stepped Bob Vanatta, who had been instrumental in rebuilding basketball at Bradley University. Just how good a job he did at Bradley was how good a job he did at Bradley was to be known until March 23, 1957.

Vanatta took a short (no player over 6-4), green (three starters below senior year) Tiger team and turned it into a fast-break squad that ended as one of the nation's top scoring quintets. Racing to a 21-3 schedule record, Memphis State brushed past such cage notables as defending NIT champ Louisville, Ohio State and army hacks and has been playing behind the old pro, Sister Martin, in his rookie season.

While Tiger basketball was flourishing, football was in a rut. The best season since 1950 was a 6-4 record for 1953. Coach Hatley jinked the single wing he had learned under Gen. Bob Neyland at Tennessee (where he was captain of the Vols in 1941) and switched to the split-T in 1955. Gradually, Memphis State is pulling itself up the ladder again. The Tigers appeared in the Burlie Bowl, their first post-season appearance, in 1956 and defeated East Tennessee State. The 1958 football schedule already lists

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(Continued on page 40)
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CAMPUS CLOSE-UP (Continued from page 39)

Alabama, Ole Miss and Mississippi State of the Southern Conference -- truly an ambitious schedule.

Not to be overshadowed are Tiger success in other athletic endeavors. Memphis State's track squad, under Coach Jack Milam, has worked away with three consecutive Tennesseee Intercollegiate Athletic Conference titles and finished Cal's rebounder, which travels with the Harlem Globetrotters. Ehlers does not go after the ball and hold every college record, including Joe Gorman's 14.3 in the 110-yard high hurdles and 22.3 in the 220-yard low hurdles.

Coach Johnson was also the single hand behind bringing to Memphis the Memphis Relays, which last year saw top-flight competitors come from the universities of Arkansas and Tennessee to compete with this section's best.

One Tiger track member, Jim Mithis, recently participated in the Sugar Bowl track tournament -- the first such Memphis State athlete to do so.

On the links, Hillman Robbins, Jr., brought to Memphis State in 1954 the National Collegiate golf title. The team finished fourth that year in national competition. Last year the Tigers played in their first Southwest Conference Invitational Tournament and did well against some of the nation's top collegiate linksters. This year's squad is rated as one of the best ever. In case the name Robbins doesn't ring a bell, he's the same fellow who last year won the U. S. Amateur title and was a member of the U. S. Walker Cup team.

Another Walker Cupper was Mason Randolph, Western amateur champ and former teammate of Robbins at Memphis State -- making Memphis State the only school to have two players in Walker Cup competition at the same time.

Memphis State baseball teams meet and beat, occasionally, teams from all sections of the country, notably the Big Ten and Missouri Valley conferences.

Another inter-collegiate competition that should be listed as athletics, but is operated by the AFRGTC, is the Tiger rifle team, which holds three consecutive national titles against the nation's best marksmen and, under Tech Sgt. Don Gefferd this year, is heading for its fourth title.

Coaches at Memphis State carry a full academic load. They are hard-working, devoted men, trying to get Memphis State within the inner circle and willing to give long hours to accomplish this end. Coach Hatley has as his assistants -- Paul Davis, who tutored Mississippi State's great Jackie Parker at Jones Junior College; Roger French, former Minnesota and Cleveland Brown end; Tom Morris, Parker's teammate in college; and Bob Henderson, a former Tiger great.

Vanatta, in the opinion of Dean Ehlers, who played for Vanatta at Central Missouri, and Bob Stephens, who won the 110-yard high hurdles when Memphis State began its rise to basketball bezenges. We emphasize in this drill tipping at the maximum jumping height. If you have a rebounding device, such as McCellan's rebounder, you can set the ball at a specified height, thereby being positive the ball is being tipped every time as near the players maximum jumping height.

Position in relation to the board and your opponent is a phase of rebounding you will have to work on in group or team drills. The above mentioned drills have played a major role in improving the rebounding phase of our game.

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(CONTINUED FROM PAGE 14) Spread: The hands should go no lower than the shoulders.

2. Body

a. On the explosion phase the body is arched as if you were springing a diving board.

b. On the recoil phase the head and shoulders are slightly forward so as to maintain balance and give maximum protection to the ball.

3. Legs and Feet

a. On the explosion phase the feet should be fully extended and the feet should come together with the toes down.

b. On the recoil phase you should land on your toes with your feet spread approximately the width of your shoulders and the knees flexed ready to explode back up instantaneously and with power.

4. Timing

a. You meet the ball at the peak of your jumping height, with your arms fully extended, and control it. This drill demands perfect timing, without which you will be thrown off balance.

We also like to cover the basket and have the boy work on offensive tipping with both the right and the left hand. We emphasize in this drill tipping at the maximum jumping height. If you have a rebounding device, such as McCellan's rebounder, you can set the ball at a specified height, thereby being positive the ball is being tipped every time at near the players maximum jumping height.

Position in relation to the board and your opponent is a phase of rebounding you will have to work on in group or team drills. The above mentioned drills have played a major role in improving the rebounding phase of our game.

ONE MAN REBOUND DRILLS (Continued from page 14)

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41
That controversial new scoring change in football—one point for a placement kick, two points for a pass or run on the try after touchdown—continues to arouse the extremes of ire and enthusiasm in the coaches and the customers.

Even at this stage—more than a month after the rule was put into the books—the boys refuse to stay put. Shortly after the rule was passed, this reporter took a poll of 23 Eastern coaches, from both major and small colleges, and found opinion almost equally divided between the pros and the cons.

Because the sections outside the East might be interested in Eastern reaction, part of the survey, as it appeared in New York Herald Tribune, is reprinted here. The poll numbered 14.

1. Ten coaches are unqualifiedly in favor, seven are unqualifiedly opposed to the try, and seven are leaning toward opposition.

2. A majority of the small college coaches like it. Four of five were in favor. Only six of the eighteen conference coaches favored the try, but one was an old, good man.

3. Of the eight Ivy League coaches were definitely in favor.

4. Whether they favored the change the most, a majority of the coaches were vigorous in their protest over the manner by which the change was effected—without previous notice to the coaches, press and public.

5. Many would have preferred instead a return of the goal post to the goal line, calling this one a compomise.

6. The most vigorous of the pros and anti were two Ivy coaches, Brown's Alva Kelley and Yale's Jordan Oliver. Said Kelley: "I'm not sure if I like it, I think it's great for football. It will revolutionize strategy. It will bring the field goal into prominence. This is all for the better part of the game, a great move."

7. Said Oliver: "It's just something additional that wasn't necessary. Every one will go for the two-pointer and it will virtually eliminate kicking, not put the foot back in football. We aren't varying the game at all. I'm disgusted."

A middle of the road reaction came from Col. Earl H. Blaik, of Army: "The new rule will add more uncertainty to an uncertain game. It will be revolutionary for the win or the tie. The rule merely increases the coach's occupational hazards and is a good tonic for the game."

Harry Arians, Tufts—"A challenge for coaches beyond tactical concepts and formulas. The rule will add more practice time, both on offense and defense. It will create new offensive formations. I anticipate fan approval."

Len Watters, Williams—"It will change a dull part of the game to an exciting play."

The Antis
Buff Donelli, Columbus—"Ultimately it must take the kicking out of football altogether. It will have a detrimental effect because there will be fewer points scored."

Dick Colman, Princeton—"I feel the new rule will kill the place-kick in football and I hate to see it."

John Yovinein, Harvard—"The try is pre- ferential, and our men have either lacked or had goaldposts put on goal line. The new rule will add to coaching problems."

John Micheloni, Pitt—"It is added to the coach, and could lead to abolishing extra points completely."

Fred Rice, Colgate—"I can't see any added drama. It creates more than it solves, I feel coaches should have been asked."

John McLaughry, Amherst—"Will practically eliminate place-kicking. Will add a little more thinking to the game."

Ben Schwartzwalder, Syracuse—"It's okay with us. Will now be a strategy plan rather than a routine play, the tactical situation. It will have more interest for fans but more pressure for coaches."

Steve Sebe, Penn—"Rule is good for public interest, difficult for coaches. The team that scores first will dominate the pattern for succeeding scores. Goalpost and goal line would have been better."

Bob Blackman, Dartmouth—"I'm still muddling over it and can see that it has its advantages and disadvantages. But I'm still amazed that it wasn't discussed with the coaches conference in or the press."

Steve Singman, Rutgers—"Let's wait and see, but I wish they'd leave the darn rules alone."

Coaching analysts are as divided on the rule as their players. The two coaches who were more strident in their criticism of the try were two Ivy League coaches, Brown's Alva Kelley and Yale's Jordan Oliver. Kelley's at midfield and Yale's at halfback. Here are excerpts from their comments:

"I'm not sure if I like it, I think it's great for football. It will revolutionize strategy. It will bring the field goal into prominence. This is all for the better part of the game, a great move."

"It's just something additional that wasn't necessary. Every one will go for the two-pointer and it will virtually eliminate kicking, not put the foot back in football. We aren't varying the game at all. I'm disgusted."


during the tournament would have drawn flies, so to speak."

What's at stake during the regular season games? The teams with the most points played the teams seeded in positions in the tournament. The regular season leader drew the No. 1 eight-place finisher, the No. 2 team plays the No. 7 club, etc.

More interest than ever before is being shown in approaching ACC and SC tournaments. North Carolina's defending NCAA champion will have its title on the line at Raleigh and West Virginia defends its crown at Richmond. . . . Going into the February home stretch, these two teams had dominated the sport so far. . . . North Carolina was No. 1 in the ACC and No. 1 in its 27-game winning streak snapped by West Virginia in the Kentucky Invitational just before Christmas. . . . Then the Mountaineers climbed into the No. 1 spot.

There's renewed interest in the hardwood sport in this neck of the woods since the NCAA Eastern Regionals have been moved from Philadelphia to Charlotte, N. C., March 14-15. The two-day regionals at Charlotte sold out in advance two days after tickets were put on sale. The two-night stand will draw close to 25,000 paid spectators. The same year the finals drew about 15,000 at Philadelphia last year.

Hurricane source: When N. C. State edged both Carolina by 75-68, Duke's overtime struggle at Chapel Hill, it smashed a 24-game home winning streak for Coach Frank McGuire's Tarheels. . . . The last home defeat was suffered by the same Wolfpack in February of 1955. . . . Duke went into the current campaign with an impressive 11-0 record at home. . . . Dick Bradley's Blue Devils had lost only one game in five years in the Duke Gym.

Dr. W. S. Johnston of Davidson College Dead. . . . The Citadel's 50th Anniversary edition of the Dixie Classic all-star basketball tournament would have drawn flies, so to speak. . . .

Dr. W. S. Johnston of Davidson College Dead. . . . The Citadel's 50th Anniversary edition of the Dixie Classic all-star basketball tournament would have drawn flies, so to speak. . . .
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SEC COACHES still were grappling about the rules changes, most of all about the high-handed manner in which the Pat rule was pushed. There were still some who were happy with the rule, but a great many coaches in the SEC were unhappy with it. Many said they still planned to concentrate on sticking to fundamentals, and rather than gambling on the run or pass for two. They also expected a lot of second guessing from the fans on those one-point de- feats.

Coaches recalcitrant in this regard include Jeff Cole- ter, who met in Tuscaloosa that meeting in the annual win- ders, athletic directors, business man- Stafford hotel was one of the very long-ago. His pretty wife, and Paul, Jr., 14, was ready to join the family - Mary Harmon, his home was ready . . . Paul, Jr., appa-

JIM CORBITT, LSU's youthful ath- letic director, ruminated through a pro- posal to help minor sports which cer- tainly need all the help they can get in the SEC . . . Hereafter, an SEC school can give all the scholarships it can afford in minor sports but the ceiling on football and basketball is still $140,000 a year. Nine hu- man in baseball or track counted as one of the 140 . . . Corbett set some kind of a record, I think, when he presented to the board of trustees the dominant proposal: a resolution praising Dr. A. B. Moore, Louisiana's longtime faculty represent- ative and former president of the NCAA . . . The move to revive the basketball tournament was a dud - never had a chance . . . However, a compromise is likely . . . Next year the SEC might adopt an 11-game cham- pionship schedule, directing each team to play every other team once . . . Currently each school plays the other three teams in its division twice, all others once or else.

SUGAR and Gator bowl officials were working on their usual hand- some style but everyone missed Fred Digby, the Sugar sweater who was waiting in New Orleans with Western Illinois and South Dakota. Given the extremely important role the Gator Bowl has played in the SEC's championship, and the importance of the Browser for the Gator Bowl, few will likely forget the Sugar Bowl if its final

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BRIGHT new comers point-wise were Illinois' hot-shooting pair of Guy Jamaal Smith and John Monty. They topped all Big Ten sophomores with remarkable averages of 16.8 and 15.8 points.

IOWA claims two of the nation's top small college quintets in Wheaton and Western Illinois Teachers. Going into the battle of January Western's Lernhearts remained one of the few undefeated college teams in the na- tion, and Wheaton had a 1-1 record. Needless to say, neither front of their respective conference races as they sought championship repeats. Wheaton crocked its first seven league games and Western its first four. In the case of Wheaton its seventh Col- lege Conference of Illinois victory marked its 30th straight against CCI foes. The Crusaders are paced by Mel Peterson and Bob Whitehead, two top scorers in the conference.

Western's pursuit of another Inter- state Intercollegiate Athletic Confer- ence title was helped by Bob Kline, with 22.7. All three leaders are scorers in the conference.

**NEWS FROM HOME**

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**COACH & ATHLETE**

FEBRUARY, 1958

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MISSOURI VALLEY

When Kansas University's W.11 Chamberlain completed the 1956-57 season with an 800-point total for a 38.4 average, a good number of the basketball masterminds thought it would be years before another sopho-
more would duplicate "The Dipper's"feat. Just one year later another great sopho-
more has risen into the limelight and he threatens to surpass Wilt's ef-
forts.

Oddly enough, the new basketball great also comes from the midwest, It is Oscar Robertson of 6-5 forward, with the Cincinnati Bearcats. After the first 14 games with Cincy, The Big Eight, with the Cincinnati Bearcats. After the great also comes from the midwest.

Robertson reached the heights at New York when he scored 56 points and it was a little brown basketball. But Bud denied it immediately.

Coach Joe Lapchick, former head-
nain of the New York Knickerbockers in the National Basketball Association and now coach of St. John's (Brook-
y) called Robertson the best sopho-
more he's ever seen. "It used to be Tom Gola," said Lapchick, "but now it's this boy. Gola, now with Phila-
delphia in the N.B.A., was the only three-time All-American in the history of the Associated Press selections. Lap-
chick also called Robertson "something going for him this boy doesn't. Gola was with a relatively poor team, while Robertson's with a great ball club and he's been playing with a great ball club by the still stands out."

Robertson's game-by-game scoring for the first 14 contests is: Indiana State, 28; Temple, 36; St. Bonaventure, 35; Xavier, 36; North Texas State, 73; Houston, 25; Drake, 36, Bradley, 36, Missouri, 21; Oklahoma, 36; Seton Hall, 56; North Texas State, 73; St. Louis, 37.

In one single-game high as a freshman was 47 and in prep school it was 62, so it's apparent that Robertson is one of the greatest scorers who is a topnotch scorer whether it's on the school courts or anywhere else. He's headed for the Cin-
cinnati Royals, in the N.B.A.

Coach George Smith of the Bearcats says: "Robertson is the greatest prep player in Indiana history, outraced the entire Seton Hall 5ft. 9in. club from Indianapolis, walked off with a 118-54 victory. Oscar bet-
terred the all-time record for a col-
ae on the game for total points and

deal old, he had an average of 33.9 on 459 points for 13 games and in his first 14 games this season Oscar was the Associated Press' weekly poll on Jan. 29 with Kansas in the No. 2 spot (West Virginia, 29; Missour-

illa No. 3, Cincinnati No. 4, OKla-

oma State No. 1 and Bradley No. 10.:

shortly after Coach Bud Wilkin-
son's Oklahoma Sooners raced to their record second consecutive NCAA tour-
ning championship, with the Cincinnati Bearcats. After the great also comes from the midwest.

l电子信息的准确度和质量。例如，在信息的搜索和检索方面，我们不仅要确保数据的准确性，还要保证搜索和检索的效率。同时，在信息的表达和呈现方面，我们也要考虑到用户的需求和喜好，通过不同的展示方式来提高信息的可读性和吸引力。总的来说，提高信息的价值和质量是一个多维度的过程，需要我们在多个方面进行努力。
COACH AND ATHLETE | FEBRUARY, 1958

ROCKY MOUNTAINS

Well, he's gone! And by "he" we mean the effervescent, jovial, story-telling philosopher and football coach, Jack Curtice. When Stanford University lured him away from the University of Utah, Rocky Mountain athletics lost one of its greatest sports personalities and Utah and Skyline athletic circles will long remember the antics and antics of the fabulous "Cactus Jack."

In his eight years at Utah Curtice-coached teams won four Skyline titles and scored victories in 45 games, lost 32 and tied four. The past season brought Curtice national recognition than any of the previous years. It was last season that he presented the Utes with a great running back in Tony Windis, the senior whose foot tortured the backfield of Utah's opponents. The senior will receive no more money at Stanford and will play football only. Apparently his contract will be terminated and he will lose no more money at Stanford than any of the previous years. Curtice and Utah have the inside track. At this early stage of the coming schedules Curtice head-coached the West Coast All-Stars which included some fine talent, came up with an even 50 points against New Mexico. Montanas State had the advantage over New Mexico because they were able to run through the following: names for Curtice's replacement. John Rongen, former Utah State coach now at Denver; Skip Stanley of Idaho who seems to have Utah's number at least if consecutive wins mean anything; Andy Everest, Utah fresh coach; Al Merven, coach of this season's (Fall) Big Ten opener; Ray Nagel, one of the best players of the last eight years, and from Hicks, former assistant at Wyoming who is now with Phil Dickens at Indi-

COLORADO STATE UNIVERSITY is on the lookout for a wrestling coach and head line coach. Thurman (Fum) Mc-

With rumors flying fast and thin as Curtice's successor at Utah, an interesting development some when the Utah High School Coaches Association sent a request to President A. Ray Olpin of the University of Utah. It seems the Utah prep coaches are a bit upset at being constantly over-

Despite the fact that Curtice will not return to Salt Lake City next fall, everyone in the country wonders if he will return to Salt Lake City next fall.
ment which followed announcement of the NCAA committee’s latest brain

At the Columbus (Ohio) Touchdown Club all-sports dinner in mid-January, Brennan told listeners, after receiving a trophy as the comeback coach of the Brennan told listeners, after receiving a trophy as the comeback coach of the Brennan told listeners, after receiving a trophy as the comeback coach of the

Midwest would.,

"Why they wouldn’t rule. ‘What new rule?’ I asked. I was demanding my reaction to the new

Michigan basketball success this sea-

Wright sets a fast tempo . . . Perigo

Billy Wright, who are opposites

two quarterback-guards, Jack Lewis

Bill Perigo has devised . . . He has

son is the ‘slow-fast’ offense Coach

Now that I’ve had nearly a week to

he was not wearing a necktie as or-

to a game at Iowa when Rohr noticed

I found out new coach Bill

Rohr means what he says . . . He was

three of the hottest jump-

is 6-10 and Wilt 7-1 . . . Next big boy

that could hold them . . . Lucas is

6-10 and Willy 7-1 . . . Next big boy

coming up in the Big Ten belongs to

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